

Federation of Riders Infant and Junior Schools.
Policy for Personal Development Learning, including Sex and Relationships Education and Drugs Education.

Personal Development Learning (PDL) is a fundamental component of the education of our children. PDL encompasses personal, social and health, sex and relationships and drug education. By taking a holistic approach, our PDL curriculum aims to meet the individual needs of all learners and is taught by all adults in school, throughout the school day and across all areas of the curriculum.

PDL develops self-awareness, positive self-esteem and confidence, enabling each child to become a healthier, more independent and responsible member of society. We encourage our children to play a positive role in contributing to the life of the school and the wider community. Through teaching we enable children to learn and appreciate what it means to be a positive member of a diverse and multi-cultural society.

Definitions and Terminology:

PDL (Personal Development Learning) is a holistic term which covers all elements of the PDL curriculum and the supporting statutory and non-statutory frameworks, including citizenship and education for sustainable development.

SMSC (Social, Moral, Spiritual and Cultural) relates to exploring beliefs and experiences, recognising right and wrong, investigating moral issues and appreciating cultural influences.

PSHE (Personal, Social and Health Education) is concerned with personal well-being, building confidence and self-esteem.

Drugs education teaches age-appropriate awareness of the effects of solvents, drugs, alcohol and tobacco on the body.

SRE (Sex and Relationships Education) is sex and relationships education and teaches children to make responsible, informed and healthy decisions about their lives, both now and in the future.

SEAL (Social and Emotional Aspects of Learning) covers most aspects of the PSHE curriculum.

ELSA (Emotional, Literacy, Support Assistant) they are teaching assistants trained to provide emotional and social skills support to children.

BLP (Building Learning Power) these are our learning muscles that the children link to their learning behaviours.

We aim to:

- Develop confident, active learners
- Promote knowledge and understanding of a healthy lifestyle
- Develop an understanding of how to keep safe and an ability to make informed choices regarding personal and social issues
- Develop an ability to maintain positive relationships with peers and adults, respecting differences between people including family relationships
- Develop respect for themselves and others
- Develop independent, responsible, positive and valued members of a community

Our approach to PDL is to:

- Ensure coverage of the statutory and non-statutory frameworks of the National Curriculum for PSHE, including citizenship, sex and relationships and drugs education
- Link objectives to BLP learning muscles in lessons & assemblies
- Incorporate other aspects of PDL such as RRR, sex and relationships and drugs education into the PSHE overview

- Have a regular SEAL assembly lead by Executive Head Teacher , and a range of whole school events such as Say No to Bullying Week, Grass Roots and fundraising events
- Use the PDL, PATHS and SEAL materials and resources for the weekly PSHE session in class, with objectives linked to the PSHE overview
- Have a major focus in Early Years on Personal and Social Development
- Link PSHE to all areas of the informal and formal curriculum eg PE, science, in the playground and dining hall
- Ensure all adults have a sense of responsibility towards the PSHE curriculum throughout the school day
- Ensure the pedagogy is appropriate for the learning objective, which might be circle time, whole class, small group
- Teach PSHE actively through stories, drama, speaking and listening, creative arts
- Develop opportunities to develop skills, such as problem solving, creative thinking and co-operation
- Use ICT and websites when appropriate
- Look for opportunities to utilise children's ideas and opinions in real life situations in school and out of school eg planning an event
- Agree class rules at the beginning of a school year and regularly review how it is going
- Encourage children to solve their own problems through conflict resolution
- Plan for visits and visitors from the local community
- Involve parents in a wide range of events involving their children
- Through assessment for learning monitor children's achievements and support children that need additional provision such as ELSA interventions, including individual and group support
- Encourage able and more able children to give their views and opinions and represent their class regarding matters which affect the whole school

Resources:

SEAL materials

First Steps to Rights

Life Education Bus

Hampshire Primary Drug Planning

Sex and relationship education, healthy lifestyles and financial capability

ICT

Jenny Mosley's Quality Circle Time

Jenny Mosley's Golden Rule books and resources

PDL overview and resources

Policy endorsed by governors: March 2015

Reviewed: March 2018

Next review: March 2021